




**DAILY - REGULAR ACTIVITIES Monday-Saturday**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:15 Exercise Video 8:30 Chair Dancing 9:00 Paper Mache' 9:00 Bridge Class 1:00 Train Domino's 1:00 " 42" Dominos 1:30 Ceramics/Tatting 1:30 Health docuseries 4:00 Exercise Video	8:15 Exercise Video 8:30 Chair Dancing 8:30 Woodwork class Blood Pressure 9:00 Line Dancing 1 10:15 Line Dance 2 1:00 Karaoke 1:30 Ceramics/Card Stitches 4:00 Exercise Video	8:15 Exercise Video 8:30 Chair Dancing 9:00 TOPS club 9:30 Jewelry Class 1:00 Wood burning class 1:00 Train-Dominos 1:00 Bridge 1:30 Sewing 4:00 Exercise Video 6:30 Dance Lessons	8:15 Exercise Video 9:00 Hearing Service 8 & 22 9-1 Painting Class 1:00 Bridge 1-2 New Beginners Dance 2-3:30 High beginner Line Dance 1:30 Swedish Weaving 2:00 Play-Texas Hold 'Em 4:00 Exercise video 6:30 Stained Glass Class 7:00 Dance/covered dish	8:15 Exercise Video 8:30 Chair Dancing 9:00 Paper Mache' 1:00 Bridge 1:30 Bingo	 <u>7:00 Dance</u>

**SPECIAL EVENTS for the month of August**

<u>Trips</u>					
Carlsbad Fun Day/Bingo Casino Apache' Roswell Fun Day Dinner in Roswell Cattle Baron	Aug. 3rd @ 11am Aug. 6th @ 8:30 Aug. 19th @ 8:30 Aug. 23rd @ 4pm	All Tuesday Bridge not play till after Labor Day	(1)	(2) 1:30 Watermelon Party 	(3) 11:00 Carlsbad Fun Day/Bingo  7:00 Dance <b>Old School</b> Bob, Janet, Bennie, Libby
(5)  1:30-Docuseries Reversing Diabetes-	(6) 8:30 Casino Apache 9:00 Blood Pressure Cks Beverly	(7) 9 am Advisory Council 10am <b>Line Dance @ Good Life</b>	(8)  Hear on Earth  9-11 Hearing Service All Day Painters / lunch 7:00 Dance/covered dish <b>Cibolo Springs</b> Western Bank	(9) 10:00 Garden Club	(10) 11:00 Moose Lodge Luncheon 7:00 Dance <b>Cibolo Springs</b> Hostesses: Rita & Rosie
(12)  1:30-Docuseries Reversing Diabetes-	(13) 10-Blood Pres./Diabetes J & J Home Care 9-11 -Free watch battery	(14) 10 am <b>Line Dance @ San Pedro</b>	(15) 6pm <b>Knife Sharpening</b> 7:00 Dance/covered dish <b>Timberon Express</b> J & J Home Care	(16)	(17) 9:00 Craft Club  7:00 Dance <b>Timberon Express</b> Rosie, Rita & Libby
(19) 8:30 Roswell Fun Day  1:30-Docuseries Reversing Diabetes-	(20) 9:00 Blood Pressure Cks Beverly	(21) 11-12 Library Hour   <b>Birthday Party &amp; Dinner Sloppy Joes</b> 	(22)  Hear on Earth  9-11 Hearing Service 7:00 Dance/ covered dish <b>County Line</b> First American Bank	(23) 4pm <i>Rowell Eating Out Cattle Baron</i>  2 - 5:30 pm <b>Blood Drive</b>	(24)  7:00 Dance <b>County Line</b> Arlene & Linda
(26) 10:00 Macramé Class 1:30-Docuseries Reversing Diabetes-	(27) 10-Blood Pres./Diabetes J & J Home Care	(28)	(29) 7:00 Dance/ covered dish <b>Reggie Brooks</b> Senior Center	(30)	(31)  7:00 Dance <b>Reggie Brooks</b> hostess- Sokie